

## **7<sup>th</sup> and 8<sup>th</sup> Grade Sunday School Lesson for Sunday January 24<sup>th</sup>: How to Give your Fear to God.**

**To complete todays lesson I want you to have a family discussion about the following questions. You do not need to write answers, but discuss these questions with your family and have them sign-off that you have talked about these together.**

1. What is something that you have held onto as a fear for a long time?
2. Why is it hard to give our fears over to God?
3. How can we help others who are struggling with fear?
4. How would you describe joy?
5. What is something in your life that brings you joy?
6. Now that you know this about God, how will you approach fear differently in the future?