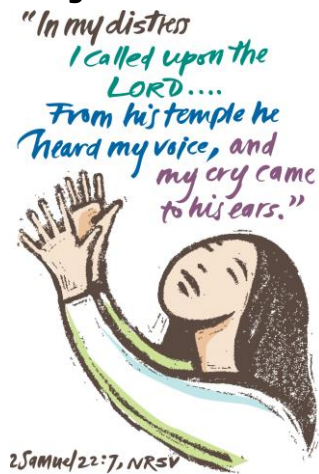


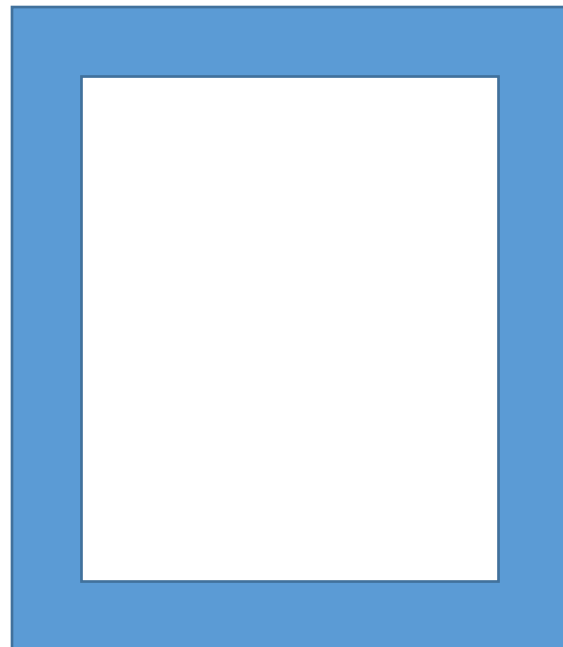
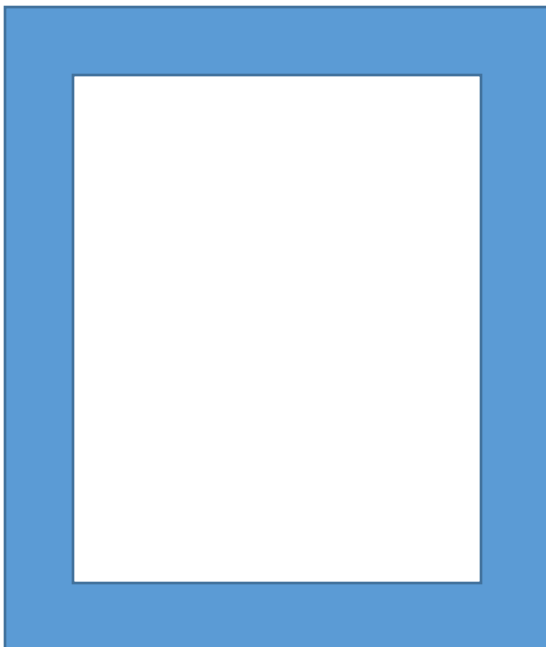
7th and 8th Grade Sunday School Worksheet for January 31st



... fear not,
for I am with you;
be not dismayed,
for I am your God;
I will strengthen you,
I will help you,
I will uphold you
with my righteous right hand.
Isaiah 41:10

1. Write about what you miss the most since we have had to quarantine due to the pandemic?

2. Draw a picture of what you think loneliness looks like and draw a picture of one way to help you overcome your loneliness.



3. Take three of the quotes below or ones from today's online lesson about loneliness and/or isolation from the Bible and write a sentence each about what it means to you and/or how it can help you when you are feeling lonely.

[Matthew 28:20](#) Teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

[Psalm 27:10](#) For my father and my mother have forsaken me, but the LORD will take me in.

[Genesis 2:18](#) Then the LORD God said, "It is not good that the man should be alone; I will make him a helper fit for him."

[1 Peter 5:7](#) Casting all your anxieties on him, because he cares for you.

[Romans 8:35-39](#) Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? As it is written, "For your sake we are being killed all the day long; we are regarded as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

[2 Timothy 4:16-18](#) At my first defense no one came to stand by me, but all deserted me. May it not be charged against them! But the Lord stood by me and strengthened me, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth. The Lord will rescue me from every evil deed and bring me safely into his heavenly kingdom. To him be the glory forever and ever. Amen.

[Luke 5:16](#) But he would withdraw to desolate places and pray.

[Matthew 11:28](#) Come to me, all who labor and are heavy laden, and I will give you rest.

[1 Chronicles 16:11](#) Seek the LORD and his strength; seek his presence continually!

[Jeremiah 29:11](#) For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.
